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Your essential daily news | WEDNESDAY, DECEMBER 7, 2016 | High 0°C/Low -4°C Sunny!

A DJ performs at an event hosted by Vancouver Arts and Leisure, a queer-friendly event organization. CONTRIBUTED

Province putting the thaw on 'ice bomb' damage

PORT MANN & ALEX FRASER BRIDGES

Falling ice reportedly smashed windshields and dented roofs

Jen St. Denis
Metro | Vancouver

The B.C. government will cover the insurance deductibles of vehicle owners whose cars were damaged by falling ice and snow on the Port Mann and Alex Fraser bridges on Monday.

So far, the owners of 10 cars travelling over the Port Mann Bridge and 30 crossing the Alex Fraser have reported damage such as smashed windshields and dented roofs and hoods after pieces of ice and snow plummeted onto their cars on Monday.

Todd Stone, B.C.'s Minister of Transportation, says his ministry and the contractors responsible for two Metro Vancouver bridges will be keeping a close watch this coming Thursday, when more snow is expected, and deploying ice-clearing mechanisms early and often.

In December 2012, "ice bombs" rained down on vehicles travelling over the Port Mann Bridge. The bridge operators subsequently installed automated snow-clearing collars that move down the cables to clear them of snow and ice. But it seems the bridge operator did not get the collars going early enough on Monday, when the snowfall was heavier than forecast, Stone said.

It's still unclear what caused so much ice to fall from the Alex Fraser Bridge. On that bridge, the cables don't cross over the car lanes and any ice that falls comes from the support columns, especially during high winds.

De-icer is normally applied to the columns, but it appears that not enough was applied on Monday, Stone said. The bridge operator will be applying more de-icing solution more often as Thursday's storm approaches.

Affected drivers need to first start a claim with ICBC, then call the Ministry of Transportation at 604-424-6240 to get the deductible paid. TI Corporation will also be giving affected drivers a toll credit for the Port Mann Bridge, Stone said.

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Trudeau announces Indigenous Languages Act at Assembly of First Nations event. **Canada**

Drug consumption sites proposed

OVERDOSE CRISIS

Fraser Health applying for 2 spots in Surrey

Matt Kieltyka
Metro | Vancouver

Two supervised drug consumption sites are being proposed in Surrey as British Columbia's overdose crisis seems to be getting worse.

Fraser Health announced its intention to apply for two sites, at Quibble Creek Sobering and Assessment Centre on 94A Street and behind the Gateway Shelter on 135A Street, by Dec. 30 once it conducts a round of community consultations.

If approved by Health Canada, they would be the first-ever supervised consumption sites in the city, which has recorded 76 of the Fraser Health region's 211 overdose deaths this year.

Surrey Mayor Linda Hepner has said she would not support such sites unless they're linked to a continuum of health services but said Tuesday that the proposed sites meet her criteria and will have the city's blessing.

"This is a crisis and we have to save lives," Hepner told Metro. "The two sites they have chosen to move ahead with will give the clients an opportunity for treatment, education and recovery services so I was pleased about that. They're now going out to consultations so we'll see how that plays out, but keeping people alive is the top priority."

Unlike Insite and other supervised services currently being proposed by Vancouver Coastal Health, the facilities in Surrey won't be limited to only injection drug users.

"We want to make sure we're able to meet the needs of people using drugs in different instances," said Fraser Health chief medical health officer Dr. Victoria Lee. "We know looking at the data there's quite a bit of injection drugs but there are also other forms of consumption so we want to be able to model our health services at those sites."

An injection kit is shown at Insite, a safe injection facility in Vancouver. Fraser Health has announced plans for two supervised drug consumption sites in Surrey that won't be limited to only injection drug users. JONATHAN HAYWARD/THE CANADIAN PRESS

> **Keeping people alive is the top priority.** Surrey Mayor Linda Hepner

The Quibble Creek site will operate two consumption booths that will be open seven days a week for referred clients.

The 135A Street location will be based in a temporary portable behind the Gateway Shelter and will have six booths.

Users at both sites will have access to primary care health services and opioid substitution therapy, Lee said.

The proposal comes at a critical time in the fentanyl-fuelled overdose crisis that has killed 555 people in B.C. so far this year, as of Oct. 31.

The emergence of Carfentanil in street drugs, which is 100 times more toxic than fentanyl, has seen the number of overdoses in the Fraser Health region spike in November, just as responders were finally starting to come to grips with the crisis.

There were 184 overdoses at emergency rooms in Surrey during the last week of November, up from the weekly range of 50-120 during the public health emergency.

"We were actually seeing some very positive trends in Surrey for about 10 weeks, the lowest numbers since late 2015, and were consistently seeing lower numbers of overdose events," said Lee. "Unfortunately, we saw a significant spike in overdoses in our emergency departments. The recent numbers and events and tragic deaths in November show that the situation is still quite volatile."

Fraser Health has made naloxone kits available at 56 locations and has distributed more than 2,300 of the overdose-reversing kits so far this year.

Also on Tuesday, Surrey launched a city-centre response plan aimed at providing outreach and access to shelters to drug users and homeless people on 135A Street.

While a new integrated outreach team consists of 12 RCMP officers and four bylaw officers, along with social service workers, Hepner said enforcement won't be heavy handed.

"As early as (Wednesday), I expect the officers to be on the strip letting people know that they're not there to arrest their way out of this problem, but they are there to help them to either seek out the resources they need," said Hepner.

"I just don't want to see (the crisis) escalate. I'm optimistic that this approach will produce results, but not immediately. It's been going on for a very long time and there's no magic solution to make it go away tomorrow."

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Oakland fire is a wake-up call for Vancouver artists

ARTS

Cities should work with, not against events, artists say

David P. Ball
Metro | Vancouver

Members of Vancouver's arts-promoting community say this city is a beacon for the way it supports so-called "alternative" events, as California authorities continue to search for bodies in the Oakland Ghost Ship warehouse fire that claimed at least 36 lives Friday night.

The sprawling Oakland artists' venue burned down during an unlicensed music event, trapping mainly 20-somethings and some teens inside the densely cluttered, rickety structure also used illegally for residences.

"It was just horrific and obviously hits close to home," said Ana Rose Carrico, co-director of Red Gate Arts Society, in a phone interview.

"It could have been (different than) a lot of places I've been to at different times — probably every city in North America has unregulated art spaces; we've all been to them.

"But these communities are so vital to people — given the alternative of being in unsafe space or not having these spaces at all, (artists) are going to pick the unsafe space."

As real-estate prices climb in cities such as Vancouver, Toronto and Oakland, she said, "grassroots" artists without access to major galleries or nightclubs must find more affordable venues. She worries the Ghost Ship tragedy might lead authorities to crack down on artists' only affordable spaces.

Members of the Red Gate Arts Society in East Vancouver, which was forced to relocate in 2011 after its previous landlord did not meet city safety regulations. CONTRIBUTED

"I find it heartbreaking that's what the conversation is about now," she said.

"The housing market in Oakland — and Vancouver, for that matter — pushes people into these unregulated places where it's easier to fall prey to predatory landlords who aren't going to fix wiring or do safety checks.

"It's really important to make sure we have rules in place that allow art spaces like ours to have events legally, to make sure there's a reasonable amount of regulation, and to be really proactive as far as safety goes."

> **The housing market ... pushes people into these unregulated places.** Ana Rose Carrico

For Matt Troy, founder of Vancouver Arts and Leisure — which organizes events for the LGBTQ community — Vancouver is a model of how cities should work with event organizers rather than punish them.

"Together we are feeling a collective loss, but also a sense of fear about how our art form will be understood and the future of alternative events across the world," he said.

The solution, he argued, is open communication with city inspectors.

But Troy said city licensing changes helped VAL go "above and beyond required safety standards"; it's not only fire-safe but also provides safer sex kits and anti-overdose supplies.

As prices climb in denser North American cities, artists are moving toward more temporary spaces, explained Yashar Nejati, founder of thisopenspace, an online venue-booking platform in Vancouver that's spread across the continent.

"One of the challenges we have is making sure these spaces are safe and accessible and won't put people's lives in danger," he said.

"But there are so many great spaces that do great work."

WITH FILES FROM THE ASSOCIATED PRESS

POLITICS

Notley won't weigh in on B.C. election

For Alberta Premier Rachel Notley, pipeline politics begin and end at home.

Her support of Kinder Morgan Canada's $6.8-billion Trans Mountain pipeline expansion has put her at odds with British Columbia's Opposition NDP Leader John Horgan, and on Tuesday she declined to endorse a candidate in the province's upcoming election.

"I'm not going to engage in political punditry in the province of B.C. The provincial election is the forum of British Columbians," she said on Tuesday.

"I am just committed to working with whatever government is in place to encourage them to move this project forward, to the extent that it's within their jurisdiction to do so."

Notley is set to meet later this week in Ottawa with B.C.'s Liberal Premier Christy Clark, who has said the five conditions she outlined to support the Trans Mountain expansion have almost been met.

Given the provincial NDP's opposition to the Trans Mountain project, Notley is in the unlikely position of being closer to agreement with Clark than with her provincial party's counterpart in B.C.

Horgan tweeted on Tuesday: "Agree w/ my friend Premier @RachelNotley on so much but fundamentally disagree on #KinderMorgan."

Notley, who was in B.C. promoting the pipeline, said she's known Horgan for years and they met Monday because it was important for her to touch base with a fellow NDP leader.

The two discussed their opposing positions on the project and ways to have civil conversations moving forward as they continue to disagree, she said.

THE CANADIAN PRESS

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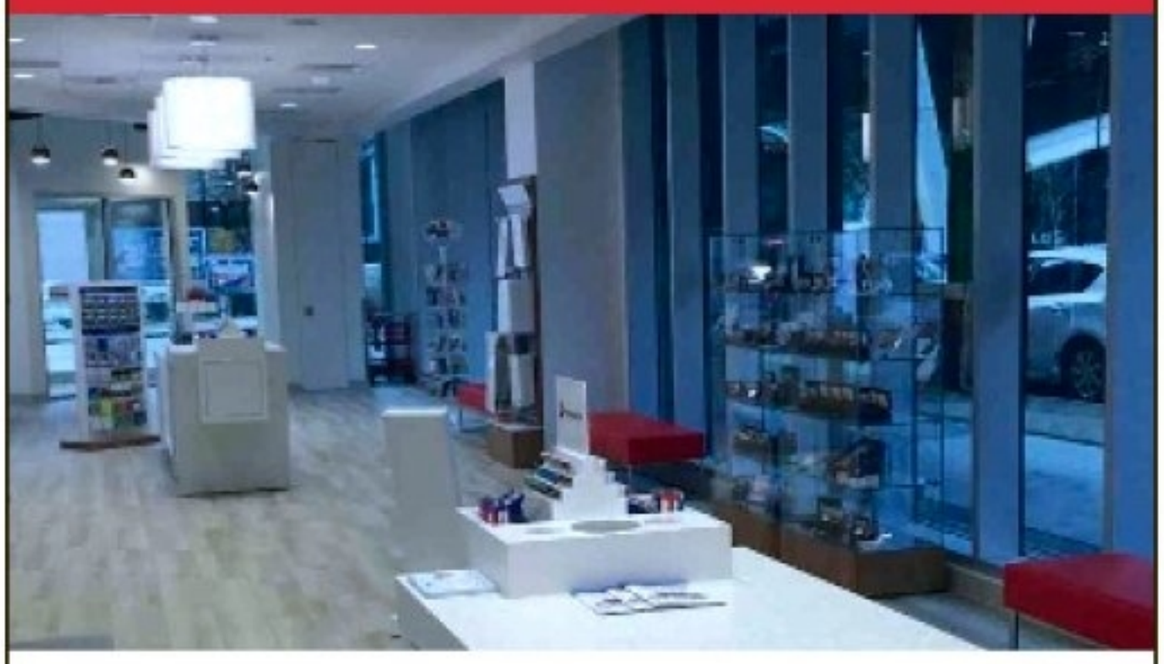

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Mayor Gregor Robertson says the city would look at finding more money in the 2017 budget to help in Vancouver's fentanyl crisis. JENNIFER GAUTHIER/METRO

Money may be spent to battle overdoses

ILLEGAL DRUGS

Firefighters say they are overwhelmed by opioid crisis

Jen St. Denis
Metro | Vancouver

Vancouver's mayor is open to finding more money for the city's firefighters, who say they have been overwhelmed by a deadly opioid overdose crisis, as the city prepares its 2017 budget.

"We're looking at our 2017 budget now, we're in the final days of considering that," said Gregor Robertson. "Given the fentanyl overdose crisis and the enormous impact on first responders, particularly at Fire Hall No. 2 at the Downtown Eastside, I'm certainly interested in seeing the option for more funds to support our first responders."

City council will vote on whether to approve the 2017 budget on Wednesday, which includes a 3.4-per-cent property tax hike and a 4.6-per-cent increase in expenditures.

In 2016, the city approved a $325 million capital budget, including $27.8 million for new fire trucks.

The Vancouver Fire Fighters Union issued a statement Monday calling for more resources to fight the opioid epidemic, including an additional fire truck for the Downtown Eastside, where firefighters responded to 1,255 calls in November alone. Fentanyl, a synthetic opioid now present in many street drugs, has been detected in 637 B.C. deaths so far this year, and 124 of those deaths have occurred in Vancouver.

On Wednesday evening, the city will host an opioid forum with the Vancouver Area Network of Drug Users and the Western Aboriginal Harm Reduction Society.

WITH FILES FROM MATT KIELTYKA

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Non-profit aims to cut 'food insecurity'

HEALTH

Centre opens to push for access to healthy food for everyone

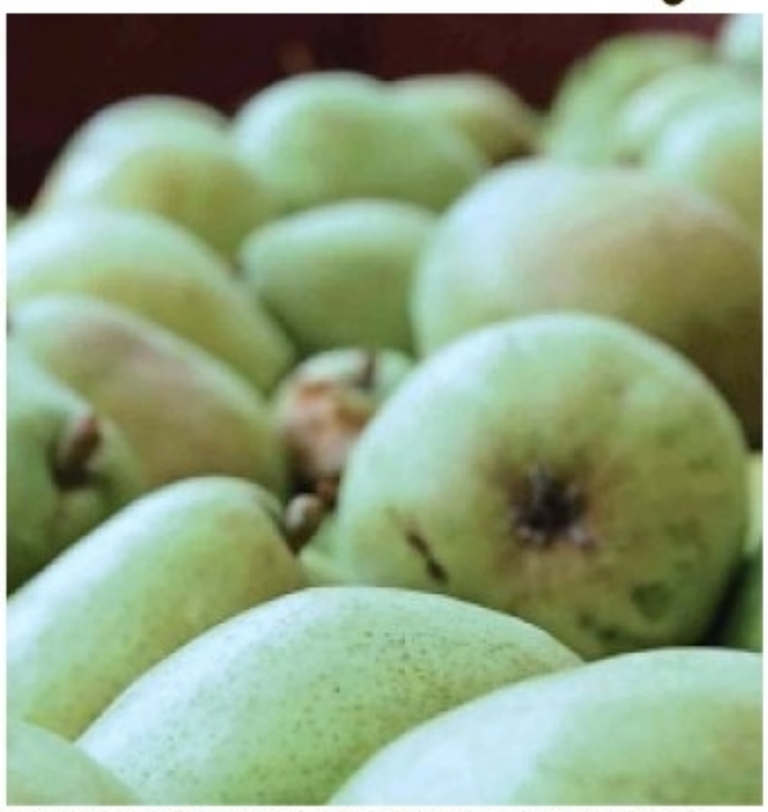
David P. Ball
Metro | Vancouver

More than one in eight B.C. households are considered "food insecure" — but according to a new survey, five-in-eight of them don't actually know what that means.

Food security means having "stable access to affordable, nutritious and culturally appropriate food," according to the Maple Leaf Centre for Action on Food Security, a new non-profit launched on Tuesday thanks to a $10-million donation from the food packaging giant.

"In a country of such wealth and abundance, it is a national shame that one out of every six children and four million people in Canada face food insecurity," said Michael McCain, president of Maple Leaf Foods, in a press release. "The Centre is the culmination of several years of stakeholder engagement to understand this complex issue and where Maple Leaf should direct our resources — people, products and financial — to make the greatest difference."

In the Lower Mainland, the national centre is working with the Greater Vancouver Food Bank's efforts to create what it calls "community food hubs" — membership-based organizations that aim to empower and educate their users, recognizing that more traditional charity approaches are "not a long-term solution to hunger."

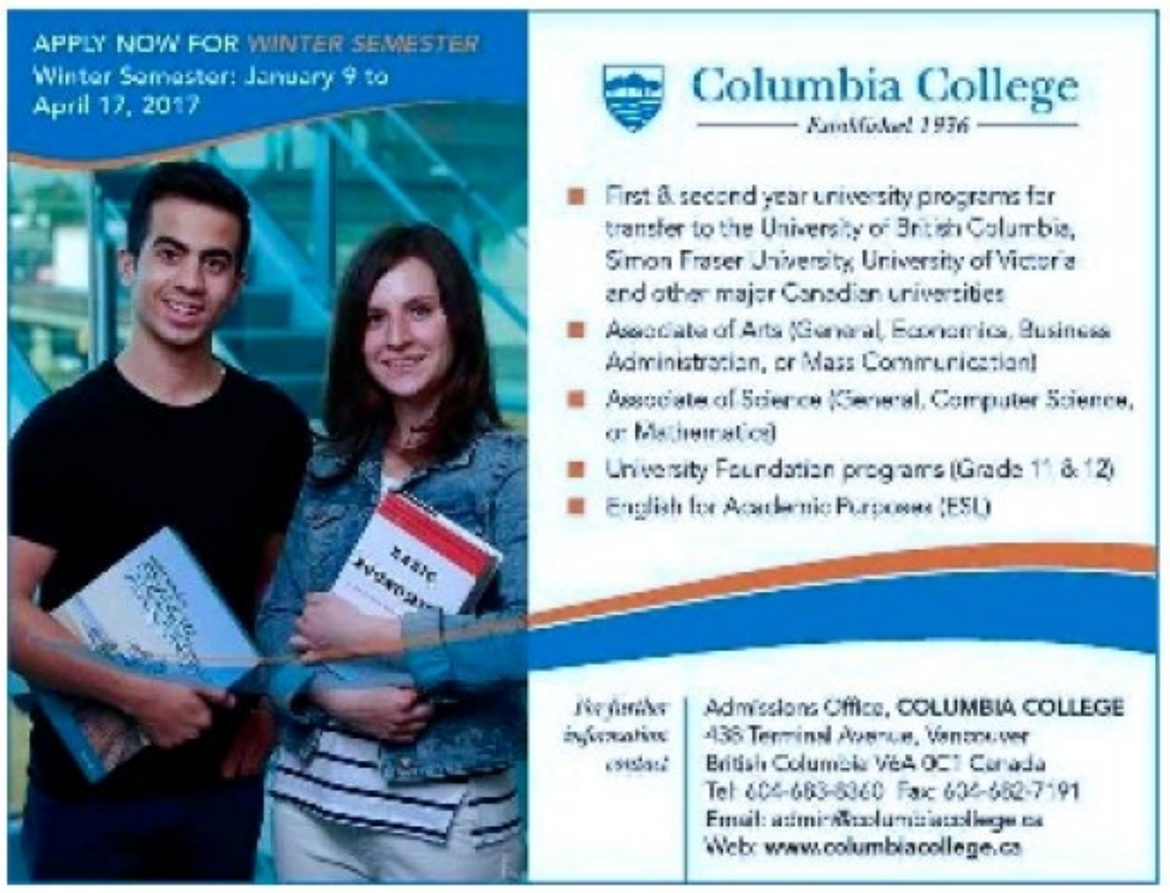


A container of pears at the Greater Vancouver Food Bank.
COURTESY GVFB

Two of its 13 food banks in the region have already transitioned to the model, and it plans to fully implement the approach in all of its facilities by 2019.

But despite high numbers of "food insecure" families, a poll that Maple Leaf commissioned of 1,500 Canadians found that 63 per cent of respondents in Western Canada, west of Manitoba, did not know what food security is, higher than the national average.

But the cause of food insecurity, according to a Centre statement, isn't a shortage of food. Those impacted by insecurity tend to be low-income or marginalized. "Canada does not have a food shortage problem, but we do have a poverty problem and a food distribution problem," the statement read. "Food insecurity is associated with a higher prevalence of chronic diseases, higher health care costs, mental health impacts, increased isolation, and lower academic performance."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Whistler RCMP under scrutiny

CIVIL RIGHTS

Advocates say police had no legal basis for phone seizure

Wanyee Li
Metro | Vancouver

A Vancouver woman is filing a formal complaint with the RCMP, claiming officers arrested her when she refused to give them the passcode to her cell phone.

Valerie Connelly was in Whistler Village on Nov. 19 when she saw what she thought was a fight breaking out.

She filmed the incident on her phone, realizing partway through that she was in fact witnessing an arrest.

When police grabbed her phone and asked for the passcode, she refused. She says that's when the officers arrested her.

"They grabbed my arm, twisted it behind my back and cuffed me. I have bruising and swelling from that," she told Metro.

"It was very aggressive. The cuffs were digging into my skin."

RCMP say they are conducting a comprehensive review of the incident.

"I can assure the public that, in due course once the investigation is concluded, we will respond with clarity and accuracy on the outcome to the complainant. We will also ensure that if there were errors around authorities, the appropriate course of action will be taken," said Sgt. Annie Linteau, spokesperson for RCMP, Lower Mainland Division.

But one civil rights advocate says the officers in this situation had no legal grounds to seize Connelly's phone and therefore, she had no obligation to provide the passcode.

"We have no understanding of the legal basis of that arrest. It looks very, very suspect," said Michael Vonn, policy director at B.C. Civil Liberties Association.

Police only have the right to seize evidence — such as a phone — if they either receive permission from the owner, or if officers have reasonable grounds to believe the evidence would be destroyed, she explained.

Connelly says she was detained at the police station for about 30 minutes, where police repeatedly asked for her passcode, she repeatedly asked for a lawyer, and ultimately police released her without charge.

She says her phone was not available for pickup until Monday morning.

It was a shock for Connelly, who says she is generally sympathetic to police.

"I have a lot of compassion for them — I think they have a very difficult job. But to use aggression to intimidate to get access to something they have no right to get access to, it's scary," she said.

"They claim that it was for evidence, but I think they were just trying to teach me a lesson."

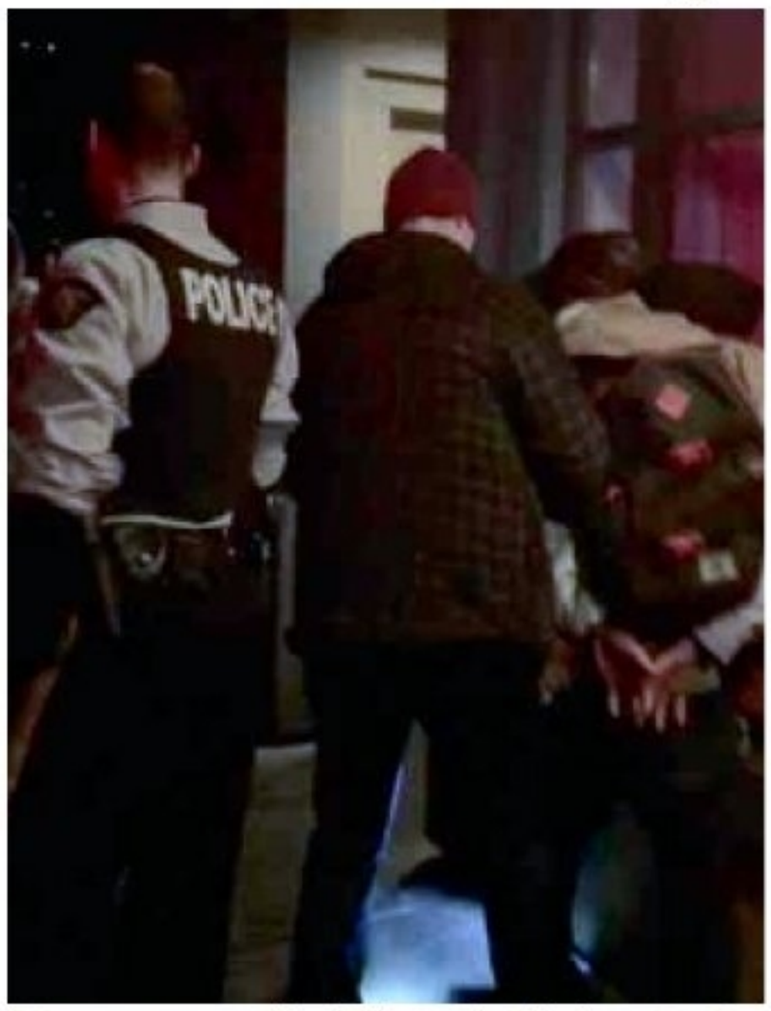
Vonn says BCCLA is urging the B.C. police forces to follow Vancouver Police Department's lead and issue a memo to officers, reminding them what the lawful grounds are for seizing photographic evidence.

FILMING INCIDENTS

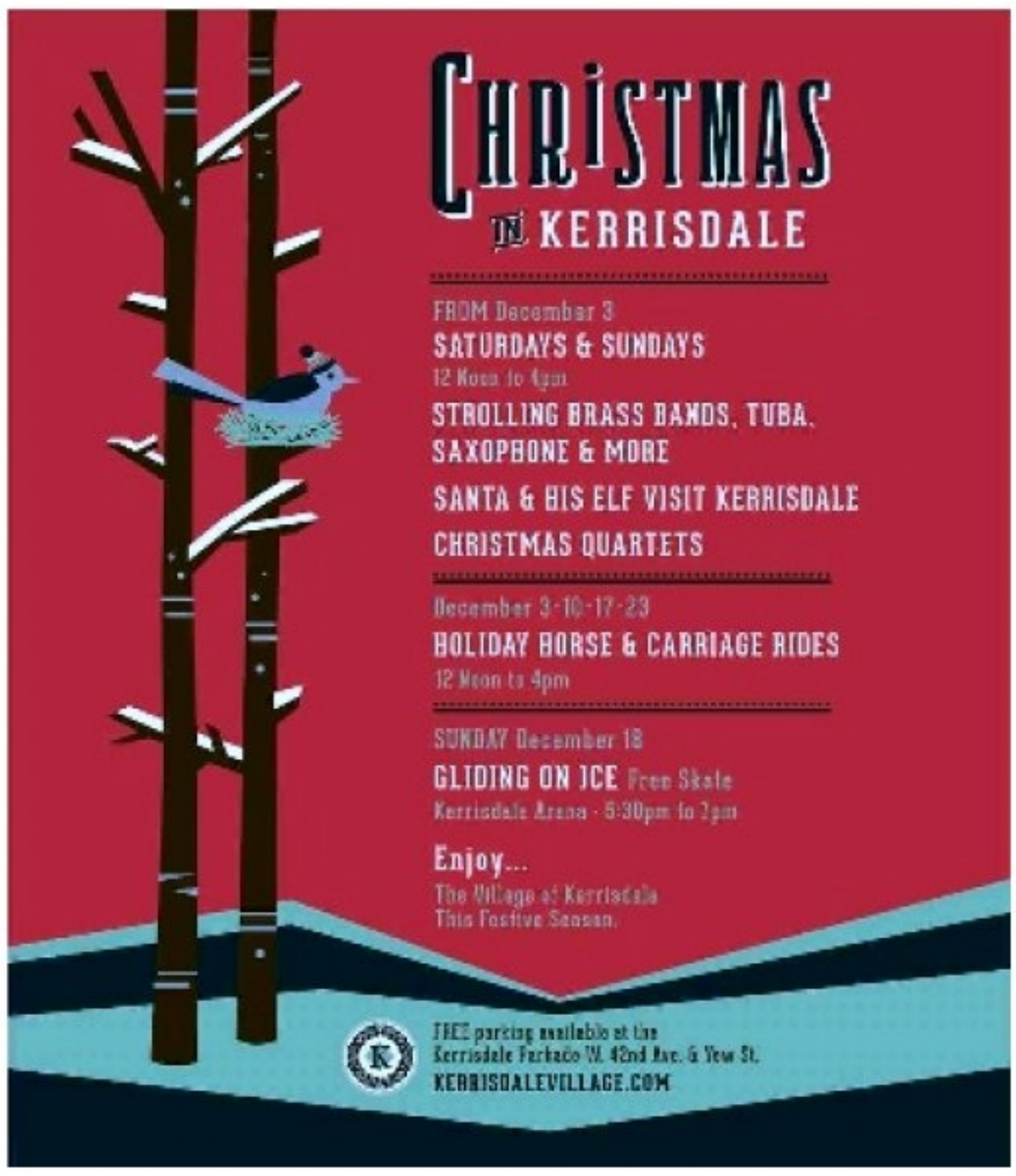
What to do when filming police incidents

Stay back
Vonn advises people to give police space when filming to ensure they are not interfering with the scene.

Provide contact info
If police want your phone or camera but you do not want to give it to them, assure the officers that you will not destroy the evidence and give them your contact information, said Vonn. She added that it is a good idea to remind officers you will give them access if they obtain a warrant.



A Vancouver woman filmed this arrest in Whistler on Nov. 19.
VALERIE CONNELLY/CONTRIBUTED



Edmonton police arrest hate crime suspect

Kevin Maimann
Metro | Edmonton

Edmonton police have arrested a man suspected of committing a hate crime at an LRT station.

On Nov. 8, a man allegedly approached two young women wearing hijabs, fashioned a noose in a rope he took from his pocket and said it was meant for them. Investigators said the man then sang O Canada in front of the women, who were waiting at the University of Alberta LRT station.

A hate crime charge is possible.

Many questioned why police reported the incident nearly a month later, but the University of Alberta contacted police about the incident weeks later, according to a spokesman.

Tory leadership hopeful posts #LockHerUp tweet

Colin McNeil
Metro | Toronto

Hours before the Conservative Party of Canada's second leadership debate on Tuesday, one PC hopeful found himself in hot water for a post on social media.

Brad Trost, a Saskatoon MP, tweeted "Wanted to be there w my friend @calxandr supporting Albertans would've chanted w them #cpcldr #LockHerUp."

Trost was referring to "lock her up" chants heard at a rally attended by Chris Alexander, another Tory leadership candidate. The "her" was Alberta premier Rachel Notley.

Some were quick to point out Trost's comments come on Canada's National Day of Remembrance and Action on Violence Against Women, marking the anniversary of the 1989 murders of 14 young women at l'École Polytechnique de Montréal.

AFN Chief Perry Bellegarde is embraced by Tragically Hip frontman Gord Downie after a ceremony honouring Downie in Gatineau, Que., Tuesday. THE CANADIAN PRESS

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'Together and forever'

TRAGICALLY HIP

Indigenous leaders pay tribute to ailing Gord Downie

A frail-looking Gord Downie wept openly, wiping tears from his eyes, as indigenous leaders paid tribute to the ailing Tragically Hip frontman Tuesday for his efforts in forcing Canada to confront the legacy of residential schools.

Prime Minister Justin Trudeau stood nearby and watched as Downie, who has been diagnosed with a rare and incurable form of brain cancer, was honoured in a ceremony during the Assembly of First Nations special assembly in Gatineau, Que.

Trudeau, who has long championed a new relationship with Aboriginal Peoples, was there to unveil plans for an Indigenous Languages Act in hopes of preserving and revitalizing First Nations, Metis and Inuit languages in Canada.

Downie's Secret Path solo project honours 12-year-old Chanie Wenjack, who died in 1966 after running away from a residential school near Kenora, Ont. Proceeds from the album and graphic novel are being donated to the National Centre for Truth and Reconciliation at the University of Manitoba.

During a solemn and touching ceremony, Downie was given an eagle feather and swaddled in a star blanket, and also showered in indigenous gifts such as moccasins and blankets. He was anointed the "Man Who Walks Among the Stars."

In brief remarks, a visibly moved Downie acknowledged Canada's 150th anniversary celebrations next year, expressing the hope that the next 150 years will be better for all indigenous Canadians.

"It will take 150 years, or seven generations, to heal the wound of the residential school, to become a country that can truly call ourselves Canada. It means we must become one," Downie said, at times sounding short of breath.

"We must walk down a path of reconciliation from now on. Together and forever. This is the first day of forever. The greatest day of my life. The greatest day of all our lives."

THE CANADIAN PRESS

Trudeau introduces the Indigenous Languages Act

Prime Minister Justin Trudeau says the government will introduce an Indigenous Languages Act.

Trudeau made the announcement during a special assembly of First Nations leaders.

The act was co-developed with indigenous people and has the goal of preserving, protecting and revitalizing First Nations, Métis, and Inuit languages.

Trudeau says Canadians are working in unison to correct historical wrongs and to deal with the intergenerational trauma of indigenous people.

Trudeau remains under pressure from indigenous leaders to address the level of funding of child welfare services on reserves in the wake of a ruling from the Canadian Human Rights Tribunal. THE CANADIAN PRESS

Social media targets terror propaganda

TECHNOLOGY

Platforms increasingly a tool for recruitment

Facebook, Microsoft, Twitter and YouTube are joining forces to more quickly identify the worst terrorist propaganda and prevent it from spreading online.

The new program announced Monday would create a database of unique digital "fingerprints" to help automatically identify videos or images the companies could remove.

The move by the technology companies, which is expected to begin in early 2017, aims to assuage government concerns over social media content that is seen as increasingly driving terrorist recruitment and radicalization, while also balancing free-speech issues.

Technical details were being worked out, but Microsoft pioneered similar technology to detect, report and remove child pornography through such a database in 2009.

Social media has increasingly become a tool for recruiting and radicalization by Daesh and others. Its use by terror groups and supporters has added to the threat from so-called lone-wolf attacks and decreased the time from "flash to bang" — or radicalization to violence — with little or no time for law enforcement to follow evidentiary trails before an attack.

Under the new partnership, the companies promised to share among themselves "the most extreme and egregious terrorist images and videos we have removed from our services - content most likely to violate all our respective companies' content policies," according to a joint announcement Monday evening.

THE ASSOCIATED PRESS

MIDDLE EAST

SYRIAN GIRL TWEETING FROM ALEPPO FLEES HER HOME

Young Syrian girl Bana al-Abed, who with the help of her mother had been posting heartrending tweets in English on life in the besieged eastern districts of Aleppo, uses a smart-phone to check her Twitter account in her home in east Aleppo, on Oct. 12, 2016.

The seven-year-old, whose Twitter account gained international attention, has fled her home amid heavy fighting, but she and her family are safe for now, her father said Tuesday. AFP/GETTY IMAGES

GLOBAL DIGEST

CALIFORNIA

Death toll remains 36 in Oakland warehouse fire

As crews searched the Oakland warehouse for more bodies, the founder of the arts collective stood near the gutted building Tuesday morning and said he was "incredibly sorry" and that everything he did was to bring people together.

The death toll remains at 36, with officials saying that no additional bodies were recovered. THE ASSOCIATED PRESS

NORTH DAKOTA

Pipeline protesters weather storm

Some protesters who have been fighting the Dakota Access pipeline retreated to a nearby casino and area shelters overnight as a blizzard blew through, but many remained at a camp in southern North Dakota, according to protest organizers who say they're committed to maintaining the camp through the winter.

The storm brought more than half a foot of snow, wind gusts exceeding 50 mph and temperatures that felt as cold as 15 degrees below zero.

THE ASSOCIATED PRESS

BRAZIL

Protesters rally over austerity

Police and protesters clashed outside the Rio de Janeiro state legislature Tuesday during a demonstration against government austerity measures being discussed by lawmakers.

Protesters threw homemade grenades and shot rockets toward the assembly, and police responded with rubber bullets and tear gas.

Confrontations took place over several blocks around the legislature. At one point, police entered a church and fired on protesters from there.

Eleven officers were injured in the clashes, according to a statement from military police. There also were reports of protesters being injured, but it was not immediately clear how many.

The protests come amid growing anger at and distrust of politicians in Brazil, where a corruption investigation has implicated several officials and top business executives.

THE ASSOCIATED PRESS

A man protests in Rio de Janeiro on Tuesday.
THE ASSOCIATED PRESS

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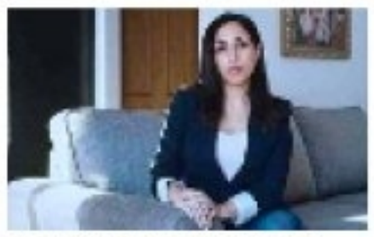
Call centre workers are people, too

LABOUR ISSUES

Campaign launched to urge protection for employees



Kaoutar Belaaziz says call centre workers face racial slurs. TORSTAR NEWS SERVICE

Kaoutar Belaaziz says she has been told by customers that her name doesn't sound white, and that they want to speak to someone who is white.

"I've been asked if I am in Canada — if I am Canadian," said Belaaziz. In addition, there is sometimes swearing, racial slurs, threats of violence or even sexually explicit comments.

That's why the union representing call centre workers is launching a campaign on Wednesday called Hang Up On Abuse, urging employers and governments to protect workers.

Like others in the service or retail industry where the mantra is "the customer is always right," the Telecommunications Workers Union, now part of United Steelworkers, wants call centre workers to be empowered to cut short calls with abusive or offensive callers.

"I have had co-workers who have been asked what colour panties they are wearing, or the colour of their nail polish," Michelle Dey, who has worked at a call centre for 25 years in Vancouver, said. "My co-worker who is black received a caller who said, 'Thank God, I'm speaking to a white person.'"

Lee Riggs, president of Local 1744 of the United Steelworkers, which represents about 10,000 call centre workers, said this campaign is not focusing on any specific company — but rather hoping to bring change altogether.

TORSTAR NEWS SERVICE

Brace for higher food prices next year

The typical Canadian family will spend up to $420 more on groceries and dining out next year, suggests a new report released Monday.

A study by researchers at Dalhousie University in Halifax estimates food inflation will increase in 2017, driven by a falling loonie and U.S. president-elect Donald Trump's first year in the White House.

Food prices overall are expected to rise between three and five per cent, with meat (especially chicken and pork), vegetables, fish and other seafood among those projected to jump by four to six per cent.

THE CANADIAN PRESS

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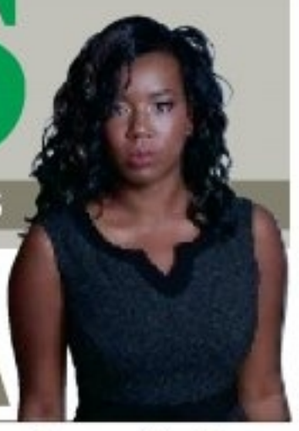

JESSICA ALLEN ON FAKE NEWS IN LIBERAL LAND

I had assumed that 'post-truth' wasn't for people who watch art films and read the Guardian. I was wrong.

Like most liberals, I had assumed that "post-truth" was a phenomenon confined to American conservative news organizations and the dot-org universe of people who still cannot fathom why the third tower fell — something for people who believed that an unscrupulous billionaire could be a champion of the poor. Post-truth wasn't for people who watch art films and read the Guardian.

I was wrong.

On Saturday afternoon, while Simon and I drove home after buying a Christmas tree, I checked Twitter.

"Whoa," I said, "apparently that woman from Last Tango in Paris…"

"Maria Schneider."

"Yes. Apparently Bertolucci and Brando didn't tell her about the butter scene. Wait. People are saying she was actually raped on camera. Was she?"

That scene, in which a stick of butter is used as lubricant before Marlon Brando's character sodomizes Schneider's, was one of many in the controversial 1972 film that led to international protests and a ban in Italy. It also helped earn Academy Award nominations for Bernardo Bertolucci, the director, and Brando, while Schneider, who struggled with the unexpected media attention, battled drug addiction and depression.

The link I clicked on came from Elle. The headline read: "Bertolucci Admits He Conspired to Shoot a Non-Consensual Rape Scene in 'Last Tango in Paris,'" which is just as confusing as the headline from Yahoo UK, whose story Elle aggregated. Yahoo's reportage hinged on a 2013 video, released this November, in which Bertolucci expresses guilt over how he and Brando came up with the scene the morning before shooting. They decided not to tell Schneider, who was 19 years old, "because I wanted her reaction as a girl, not as an actress," he said. "I wanted her to react humiliated."

What Bertolucci actually did was horrible and abusive … so why overstate the case?

TORRID AFFAIR Marlon Brando and Maria Schneider in Last Tango In Paris. UNITED ARTISTS/THE ASSOCIATED PRESS

And she was: "I felt humiliated and, to be honest, I felt a little raped, both by Marlon and by Bertolucci," Schneider herself told the Daily Mail in a 2007 interview. Yahoo referenced this line as well as Schneider's clarification that "even though what Marlon was doing wasn't real, I was crying real tears."

Elle omitted the latter detail, but they did include a content warning at the top of their story ("This article contains disturbing stories of rape and assault.") Hence what happened next: social media mayhem. Those who read Elle's story, or just the headline, concluded that Schneider had actually been raped on camera. Jessica Chastain tweeted, "To all the people that love this film- you're watching a 19yr old get raped by a 48yr old man. The director planned her attack. I feel sick." It's been retweeted 16,000 times. And those who attempted to correct the narrative were labelled rape apologists.

On Sunday, the Guardian published a piece by Melissa Silverstein. "This was rape where she was penetrated by a stick of butter," she wrote. "They actually took a prop and forced it inside her." Silverstein referenced the 2007 Daily Mail interview, having evidently not read it ("what Marlon was doing wasn't real") and then wrote an essay about rape culture in Hollywood whose thesis seems to be: rape is rape, even if it isn't actually rape.

On Monday, after New York-based journalist Mark Harris tweeted a link to a piece from The Wrap that set the record straight, he noted that Schneider "took pains to explain that it was an acted scene to prevent this exact misinterpretation." Schneider says in the Daily Mail interview that she was told about the scene the morning they shot it; admits that she liked her work in the film; that the best experience was her "encounter with Marlon"; that Bertolucci "is overrated"; and that she now enjoys simple pleasures. "'I like to see friends and go to the market and cook. But I never use butter to cook an more,' she laughs. 'Only olive oil.'"

What Bertolucci actually did was abusive and horrible. More horrible than Dustin Hoffman taunting Meryl Streep about the recent death of her partner John Cazale in order to fire her up before shooting an intense scene in Kramer vs. Kramer. More horrible than Alfred Hitchcock throwing ravens, doves and pigeons for five days at Tippi Hedren during filming of The Birds. So why muddle the facts?

Finally, on Monday, Bertolucci issued a statement: "I would like, for the last time, to clear up a ridiculous misunderstanding." He says "Maria knew everything because she had read the script, where it was all described. The only novelty was the idea of the butter."

Objective facts, those things somberly invoked by the people at the New York Times (who failed to fathom Trump) and the Guardian (who in their smug certainty missed Brexit), have been assailed by a media culture that treats tweets as news and by a public comfortable getting news from Chris Evans, who tweeted that Bertolucci and Brando "should both be in jail." (Does he know that Brando was granted immunity the day he died?)

Some years before Twitter, Yeats wrote: Things fall apart; the centre cannot hold; / mere anarchy is loosed upon the world."

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

In assessing the far right, we need to acknowledge male mental health

While the ideologies of Islamist terrorists groups and white supremacists are worth deconstructing, part of their rise can also be explained by how they prey on loneliness, depression and isolation. In men, especially, our failure to address mental health can have dangerous effects.

Research by Beyond Blue, an Australian mental health organization, found that 25 per cent of men felt they don't have anyone outside of their immediate family to talk to; 41 per cent reported having one or two to talk to.

Jesse Hayman, director men's health promotions at Movember, told me, "If the first time a man is speaking about a mental health situation is with their doctor, then we've done something wrong." Experts find that social connectedness is not something men value. Cultural maxims on what "real men" do (and don't do, e.g., cry) then reinforce male isolation.

Isolated in the three-dimensional world, vulnerable men are finding digital spaces ready to exploit that vulnerability. The new vogue for ultra-right-wing conservatism mixed is the latest evolution of the Internet's "manosphere."' This space comprises oft-overlapping Internet groups like men's-rights activists, pick-up artists, Gamergate's misogynists and Reddit's Red Pill.

After the election of Trump, analyst Siyanda Mohutsiwa tweeted: "If people followed the alt-right groups on Reddit, they would know that young white Americans were told to hide their support of Trump."

The so-called alternative right aren't the only ones to insist followers keep a strict, potentially alienating divide between their public and political lives. As part of its recruiting plan, Daesh — commonly called ISIS — encourages recruits to live parallel lives. Most of the group's recruits are young and male. The group advises converts from the West to keep their new identities quiet lest they be suspected of radicalization.

Both online predators and cults use this method of asking others to be silent in their deceit. Still, this is little comfort for friends and family who suddenly find a man in their life is espousing hateful views.

Extremist groups offer a sense of belonging, community and purpose that belies their regressive and violent philosophies. It's an especially alluring offer for men who suffer silently with mental health issues. And when it comes to male mental health, we have a fuzzy picture. We know, for example, that men commit 80 per cent of suicides but that their reported rates of depression do not correlate.

Predatory groups with violent ideologies are stepping in to fill this gap. With better diagnosis and treatment, we could pre-empt the troubling and isolating behaviours that, as we're seeing, precede violent behaviours.

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Poland's top court upholds refusal to detain and extradite filmmaker Roman Polanski to the U.S.

Dispelling myths about protein

HEALTH

We can only metabolize so much per meal: dietician

Genna Buck
Metro

In the diet battles of the past few years, fat, sugar and carbohydrates have all taken hits to their reputations. Only protein came out looking like a champion.

Protein is hailed in fitness magazines and websites for its ability to help you stay lean, feel full and build muscle.

And that's all true. But the benefits don't continue going up the more protein you eat, says Ottawa dietician Helene Charlebois.

Despite what body builders and fad dieters knocking back protein-loaded shakes might tell you, "The newest research, from the University of Texas, shows we can't metabolize more than about 20 or 30 grams of protein per (meal)," Charlebois said.

And the rest? "Anything you eat in overabundance changes to fat and gets stored."

The marketplace hasn't got the message: According to research firm Euromonitor International, protein bars and powders take up a large and growing share of the "sports nutrition" category. Sales of such products in Canada were forecast by Euromonitor to grow by approximately $53 million to $311 million between 2013 and 2018.

Demand has also spiked for packaged foods with added protein and trendy plant-based proteins like pea and hemp. Euromonitor says. But, "Consumer awareness of recommended intake could pose a long-term threat" to growth.

Translation: People could realize they don't actually need hundreds of grams of protein a day.

According to Health Canada, close to 100 per cent of Canadian adults manage to get the minimum protein they need, which is defined as the recommended dietary allowance of 0.8 grams of protein per kilogram of body weight.

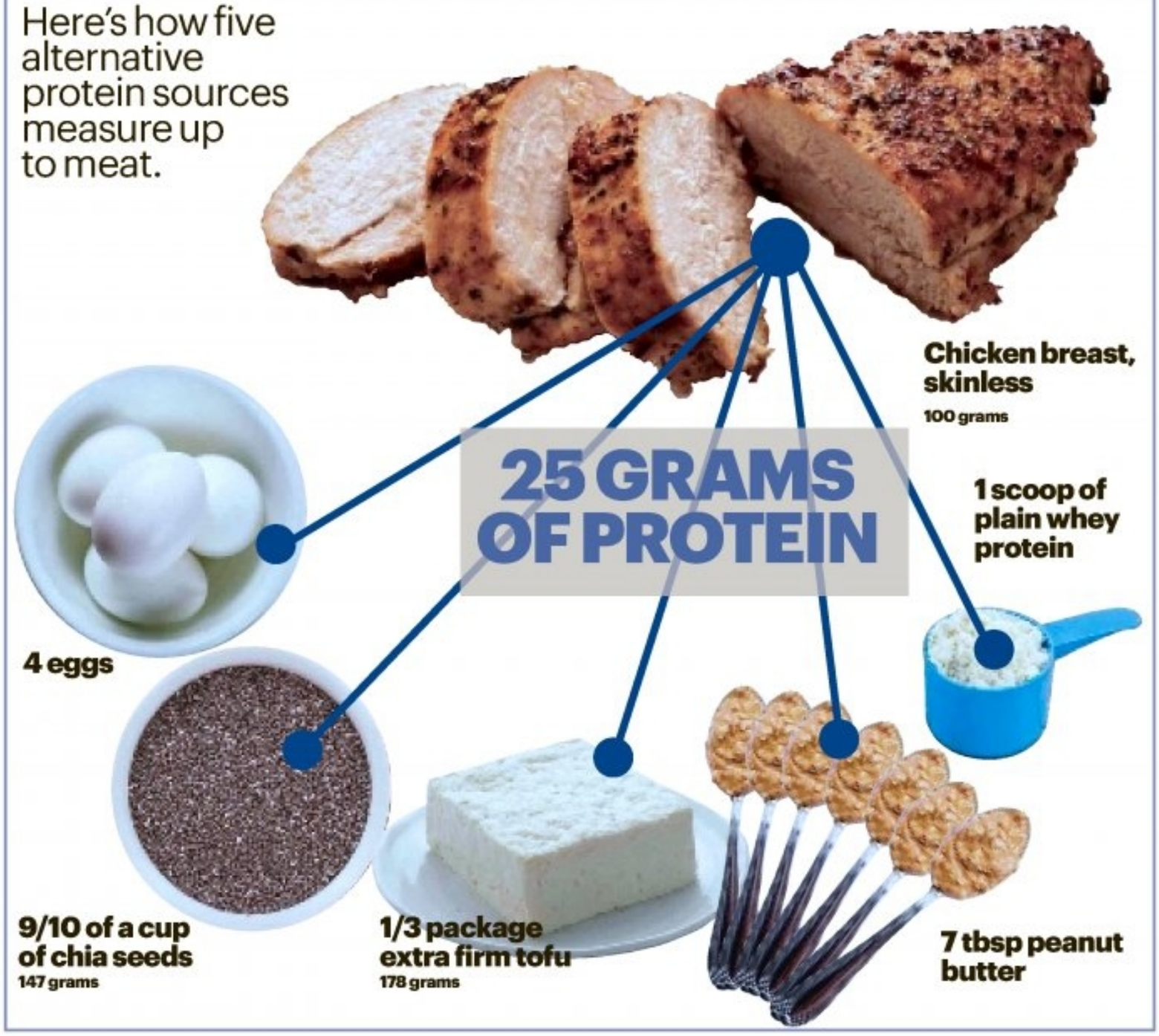
For a 150-pound person, that's at least 54 grams per day; more if you're very active, pregnant or nursing.

Go much beyond that, and all that protein powder is just an expensive drink.

Charlebois has a few tricks for making the most of your protein intake:

- Spread out high-protein foods throughout the day to maximize what you absorb.
- The amino acid leucine, abundant in dairy products, is the best for building muscle.
- Don't try to stick to a low-calorie diet that is high in carbs and low in protein, because it leaves you constantly craving that dopamine hit that comes with a sugar high.
- Never forget the "bridging" snack: 5 to 10 grams of protein in the afternoon. Peanut butter and crackers, or a boiled egg will do the trick, "so you don't rip the fridge door off at supper."

Here's how five alternative protein sources measure up to meat.



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Nutella-stuffed cookies

HOLIDAY BAKING

Satisfy any sweet tooth with this easy recipe

These Nutella-stuffed peanut butter cookies are sure to satisfy your sweet tooth this Holiday season. TORSTAR

Nutella-stuffed Peanut Butter Cookies
Make about 20 cookies

Ingredients:
- 1-379 g jar of Nutella
- 1 cup (250 mL) room temperature unsalted butter
- 1 cup (250 mL) granulated sugar
- 1 cup (250 mL) packed brown sugar
- 1 cup (250 mL) creamy peanut butter
- 2 large eggs
- 2 tsp (10 mL) vanilla extract
- 1 tsp (5 mL) baking powder
- 2 tsp (10 mL) hot water
- 1/2 tsp (2 mL) salt
- 3 cups (750 mL) all-purpose flour

Directions:
1. Place jar of Nutella in freezer.
2. In a stand mixer with a paddle attachment on medium speed, cream butter, sugars and peanut butter until smooth and fluffy. Add eggs and vanilla. Continue to mix until smooth and fluffy.
3. In a small bowl, dissolve baking powder in hot water. Add mixture to batter. Add salt. Continue to mix until well-incorporated.
4. Reduce mixing speed to low. Add flour slowly and mix until just combined.
5. Scoop 2 tablespoon-sized dough balls on a lined baking sheet. Cover loosely with plastic wrap and refrigerate for 30 minutes.
6. Prepare two baking sheets lined with parchment paper or silicone baking mats.
7. Remove dough from fridge and flatten to about 1-cm thickness with back of flat spatula.
8. Remove Nutella from freezer. Scoop 1 teaspoon of chilled Nutella and place in centre of a flattened dough ball. Form dough around Nutella, creating a ball and sealing Nutella in centre. Flatten again with back of spatula to about 1-cm thickness. Using back of fork. Repeat with remaining dough.
9. Transfer cookies to baking sheet. Bake at 350F (175C) for 20 to 25 minutes or until the edges begin to turn golden-brown. Remove from oven and let rest for 5 minutes before transferring to wire rack to cool completely.
Store in an airtight container for up to a week for freeze for up to a month.

ANIMAL HEALTH

Cannabis is going to the dogs

Genna Buck
Metro

WARNING

If you're going on anecdotes and Internet testimonials that marijuana is great for pooches' pain and other complaints, think again. Experts don't recommend it.

Thanks to easy access at the dispensaries popping up on every street corner, city-dwellers across Canada are turning to marijuana to soothe their creaky old bones.

And if it works for you, why not for an elderly or ailing pet?

Tamara Hirsh, owner of Pacifico, stocks Apawthecary brand marijuana-infused dog treats and tinctures at her dispensaries in Toronto and Hamilton, Ont.

She claims there are no side effects.

"You can really take any dose," she said. "We recommend you start low and go slow."

"It works a lot like it does in people," for seizures, pain and arthritis, Hirsh said. "It's instant relief. We can barely keep it on the shelf."

Half a dropper of the tincture contains 120 mg of cannabidiol, or CBD, one of the major active compounds in marijuana. That's roughly the same dose a human using the drug for insomnia or epilepsy would take.

The doggie products don't have THC, the chemical responsible for marijuana's high. CBD is not mind-altering, and some studies have shown it helps ease anxiety, seizures and nausea.

CBD also has fewer side effects than THC, but they're poorly understood. And like most medications, it's toxic in high doses. Animal studies suggest the danger zone is anything above 30 mg of CBD per kilogram of body weight.

But we don't know — and that's the problem, explained Dr. Kathleen Alcock, a veterinarian at the Downtown Animal Hospital in Toronto.

Alcock has a longstanding interest in pain medicine and is looking into how she could be able to dispense medical marijuana to pets. However, the College of Veterinarians of Ontario does not currently allow it.

She was also firm about feeding Fido products from a dispensary: Don't do it.

"This is not a do-no-harm thing," she said. "It certainly shouldn't be sold over the counter."

Alcock said she sees about one case of marijuana poisoning per month. Cats and dogs are "exquisitely sensitive" to cannabis, and she said they get twitchy and "sedated to the point of respiratory failure" after getting into their human's stash. Even one cookie or one joint can cause serious problems.

It's not clear what chemical – CBD, THC, or something else – is causing these effects, Alcock added: "The answer is, we don't know. The studies haven't been done."

Grammy Awards love Beyoncé's Lemonade

Beyoncé received nine Grammy nominations for her 2016 album Lemonade. THE ASSOCIATED PRESS

MUSIC

Drake leads among Canadians with eight nods

The Grammy Awards are sipping all of Beyoncé's lemonade.

The pop star leads the 2017 Grammys with nine nominations, including bids for album of the year with Lemonade, and song and record of the year with Formation. The singer, who already has 20 Grammys and is the most nominated woman in Grammy history with 62 nods over the course of her career, is also the first artist to earn nominations in the pop, rock, R&B and rap categories in the same year.

Behind Beyoncé are Drake, Rihanna and Kanye West, who scored eight nominations each.

Toronto-based rapper Drake came away with the most nominations of all Canadian artists, getting eight in total, including one for best rap album for Views.

Like Beyoncé, Adele is also nominated for album, record and song of the year. For album of the year, Lemonade and 25 — which has sold 10 million copies in a year — will compete against Drake's multi-hit Views, Justin Bieber's redemption album Purpose and surprise nominee A Sailor's Guide to Earth, the third album from respected and rebellious country singer Sturgill Simpson.

Beyoncé's Formation and Adele's Hello are up against Rihanna and Drake's Work, Twenty One Pilots' Stressed Out and Lukas Graham's 7 Years for record of the year. 7 Years is also up for song of the year — a songwriter's award — battling Bieber's Love Yourself, co-written with Ed Sheeran, Mike Posner's I Took a Pill In Ibiza, as well as Beyoncé and Adele's songs.

Beyoncé's nine nominations include best rock performance (Don't Hurt Yourself with Jack White), pop solo performance (Hold Up), rap/sung performance (Freedom with Kendrick Lamar) and urban contemporary album (Lemonade).

THE ASSOCIATES PRESS / THE CANADIAN PRESS

GRAMMY FACTS BEYONCÉ'S A ROCK STAR, AMY SCHUMER GETS NOD

Beyoncé vs. Adele

The Grammys are basically the battle of Beyoncé and Adele: In four of her five nominations, Adele will go toe-to-toe with Queen Bey. Beyoncé set a record for earning nominations in the rock, pop, R&B and rap categories in the same year for Lemonade. Only two other acts have earned nominations in those same four categories — Paul McCartney and Janet Jackson — but never in the same year.

Diplo vs. Diplo

Diplo, who produced on both Bieber and Beyoncé's album, will battle himself for album of the year. He already has two Grammys under his belt.

Long live the dead

David Bowie died in January but near the one-year anniversary of his death, he could win Grammy gold. Blackstar, his final album, earned four nominations. Joey Feek, of the duo Joey + Rory, also died of cancer this year. The group is nominated for best gospel roots album for Hymns.

Schumer gets Grammy love

The comedian-actress is nominated for best spoken word album and comedy album. Her competition in those categories includes Carol Burnett, Patton Oswalt, Margaret Cho, Tig Notaro, David Cross, Elvis Costello and Patti Smith.

Bruno Mars

Bruno Mars just released a new album — too late for the 2017 nominations — so he'll likely dominate the 2018 Grammys. But thanks to co-producing All I Ask for Adele, he's nominated for album of the year (it appears on her bestseller 25). OneRepublic's frontman also produced a track on 25, earning him a nomination.

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IN THEATRES IN 3D DECEMBER 16

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Can't stop the beat with Hairspray Live telecast

EQUALITY

Musical boasts strong themes 'that can be really healing'

From left, Maddie Baillio as Tracy Turnblad, Jennifer Hudson as Motormouth Maybelle, Harvey Fierstein as Edna Turnblad during a rehearsal for Hairspray Live!, airing tonight. HANDOUT

In the steadily escalating battle of the TV musicals, NBC's Hairspray Live! is the most ambitious contender yet.

It's got a deep bench of stars, including Kristin Chenoweth, Jennifer Hudson, Ariana Grande and Martin Short. It boasts strong themes of racial equality, tolerance and self-acceptance. And it has the outsized, joyful talents of Harvey Fierstein as writer and actor, reprising his Tony Award-winning role as Edna Turnblad.

Executive producer Neil Meron also counts the TV musical's timing as a bonus, calling it impeccable despite its 1960s setting and roots in John Waters' 1988 film and, more directly, in the 2002-09 Broadway musical with Fierstein.

"People already were excited about it, but after the election they were saying, 'Boy, do we need this now,'" Meron said recently on a Universal Studios set as the cast rehearsed I Can Hear the Bells for tonight's telecast (8-11 p.m. EST).

With the country in a "divisive place," he said, viewers are eager for entertainment "that can be really healing."

Hairspray Live! is set in 1962 Baltimore, where The Corny Collins Show is TV's hot dance program and the focus of teen Tracy Turnblad's dreams. When she's chosen to perform and gains instant celebrity, the plus-sized dynamo uses it to fight the show's whites-only rule.

Tracy is played by Maddie Baillio, 20, of League City, Texas, a college student plucked from more than 1,300 hopefuls in an open-casting call for her first professional role. Short plays husband to Fierstein's supportive wife and mother.

The cast includes Derek Hough as Collins; Grande as Tracy's pal Penny; Hudson as record-store owner Motormouth Maybelle; Ephraim Sykes as her son, Seaweed; Chenoweth and Dove Cameron as mean mom-daughter duo Velma and Amber Von Tussle, and Garrett Clayton as Link, Tracy's squeeze. Two former Hairspray Tracys, Ricki Lake (the movie) and Marissa Jaret Winokur (the play), are set for cameo appearances.

Among the catchy songs sure to rattle around in viewers' brains for days: Good Morning Baltimore and You Can't Stop the Beat.

The production is big (55 cast members, 600 costumes, 18 sets) and sprawling, designed to shift between the confines of two Universal Studios soundstages and a variety of backlot locations. It's also got an element of risk, following other recent musicals that aired live to ramp up the excitement factor (and keep viewers tuning into broadcast networks and commercials).

The TV musical competition is both intra- and intermural: The bar for Hairspray Live! was set at varying heights by NBC's Sound of Music, Peter Pan and The Wiz broadcasts. The Wiz aired live in 2015, as did this year's Grease on competitor Fox, and Hairspray plucked its pair of directors, Kenny Leon and Alex Rudzinski, from those respective telecasts. Jerry Mitchell, who choreographed the Broadway musical, also is aboard.

The Hairspray producers have "certainly upped the ante," said Hough. "The people who are part of this, including some who worked on Grease as well, they want to try to top themselves."

Exactly, said Meron, who is producing Hairspray Live! with Craig Zadan. The partners also produced the 2007 movie version of the stage musical, with Nikki Blonsky as Tracy and John Travolta as Edna. THE ASSOCIATED PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

The appeal of royal lavishness

THE SHOW: The Crown, S1, E5 (Netflix)
THE MOMENT: The Ballet Scene

Claire Foy and Matt Smith as Queen Elizabeth and Prince Philip in The Crown. HANDOUT

In their elegant rooms, Queen Elizabeth (Claire Foy) and Prince Philip (Matt Smith) are dressing for a formal evening out. She asks him to be chairman of her coronation committee. "I want to make a public declaration of my trust in you," she says.

He's reluctant; he doesn't want to appear unmanly. "There's no need to matronize me," he replies.

The conversation continues in a limousine. "What would it entail?" Philip asks.

"You'd inspire everyone," Elizabeth says. "Lead them."

The limo pulls up at a theatre. Throngs crowd the limo, taking photos.

Inside the theatre, a full audience in luxe evening attire watches a ballerina dance on stage. Philip and Elizabeth converse in their box. "Total control or nothing at all," he says. "Those are my terms."

"All right," Elizabeth responds. "But don't go mad."

Talk about going mad! This moment, a domestic power negotiation, could have played out over, I don't know, a breakfast table. Instead, it's split into three scenes, each more fabulously expensive than the last.

It's one thing to spring for a crowd of extras in overcoats to surround a limo. But to dress an entire audience in finery, and have a tutu-clad ballerina performing on stage — as backdrop for two lines of dialog? It's pure lavishness. But it's not a waste, because it serves a function: Whether we're consciously aware of it or not, it adds to our understanding of the luxurious lives of the leads.

You wonder why TV is so great these days? Here's your answer: Money.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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You don't know Jack!

Why Jack Nicholson will live forever

Few actors have ignited every decade of their career with re-invention and award-winning performances like Jack Nicholson. From his humble beginning in Roger Corman movies in the '60s to his 12 Oscar nominations across five decades, Nicholson has always found a new way to connect with audiences.

Although he started his career as a writer in the 1960s, Nicholson's big acting break came at the end of the decade when Dennis Hopper brought him on as a last-minute replacement for Rip Torn in 1969's Easy Rider. After his electric performance netted him a Best Supporting Actor Oscar nomination, there was no turning back.

In the 1970s, Nicholson crafted some of the decade's most iconic roles. Five Easy Pieces, The Last Detail and Chinatown were instant cinema classics, but it was his work in 1976's One Flew Over the Cuckoo's Nest that finally won him a Best Actor Oscar. The role packed an extra punch as Nicholson, an icon of '60s rebellion, was torn apart by the repressive forces of the '70s.

Though Nicholson started the '80s displaying his terrifying intensity in movies like The Shining and The Postman Always Rings Twice, it was his lighter side that connected as he entered middle age. The levity he added to Terms of Endearment earned him his second Oscar, and he continued to channel his manic comedic energy into roles throughout the decade in films like The Witches of Eastwick, Broadcast News and Batman.

By the '90s, Nicholson was a master of his craft, switching from intense roles like Col. Nathan Jessup in A Few Good Men to his Oscar-winning comedic performance of the wounded Melvin Udall in As Good As It Gets. Nicholson continued to prove his versatility in the 2000s, getting laughs in Something's Gotta Give, while still terrifying audiences in Martin Scorsese's The Departed.

Rediscover Jack Nicholson's biggest hits and critically acclaimed performances. The Hollywood Suite free preview is on now until Jan. 5! Enjoy the best movies of the '70s, '80s, '90s and 2000s uncut and commercial-free on four HDTV channels and On Demand, available on most TV providers.

Catch a Jack Nicholson double bill of The Witches of Eastwick and The Postman Always Rings Twice tonight on Hollywood Suite, and tune in during the free preview for more Nicholson classics including Five Easy Pieces (1970), The Shining (1980), A Few Good Men (1993) and Something's Gotta Give (2003). Learn more at hollywoodsuite.ca/freepreview.

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Audi's Lunar Quattro Rover to explore the moon next year

The quintessential crossover

REVIEW

CR-V brings all the necessary ingredients

Dan Ilika
AutoGuide.com

As far as crossovers go, it doesn't get much more quintessential than the Honda CR-V.

It hit the market all the way back in 1997, long before the term "crossover" was even in vogue, and has quietly dominated ever since.

With a new version hitting the market for 2017, it now comes powered by a turbocharged engine in what could be the CR-V's biggest change since Honda scrapped the tailgate-mounted spare tire.

The vast majority of new CR-Vs set to hit dealers will be powered by a turbocharged 1.5-litre. Borrowed from the Civic, the four-cylinder receives a few minor tweaks before serving under the hood of Honda's popular CUV, including a revised turbine and a slightly lower compression ratio.

The benefits of turbocharging a crossover like the CR-V aren't necessarily going to show up on paper, or even at the pumps. Both available engines make a similar amount of power while fuel economy improves only marginally with the 1.5-litre under the hood. Instead, it's how the pair of four-cylinders deliver power, and when they deliver it, that is markedly different.

The only transmission offered in the CR-V is of the continuously variable automatic nature. Fundamentally the same as the CVT offered in the Civic, it does well at tricking both driver and passenger into believing it's a traditionally geared automatic thanks to its simulated shift points and almost impenetrable noise insulation that keeps its whining from creeping into the cabin.

Setting out on an indirect trek from Monterey, Calif., to San Francisco in a Touring model with all-wheel drive, it was on the highway that the new CR-V showcased its improved drive the most, and not just for its impressive adaptive cruise control.

While a little rigid and truck-like, the fourth-generation CR-V offers a tremendously smooth ride aided by its new suspension that features struts up front and a multi-link setup around back, and fluid-filled bushings at all four corners. Combined with improved cabin quietness, the only complaint on the highway is rooted in a lane departure warning system that can be somewhat erratic, recognizing patched cracks in the asphalt as lane markings and sending a pulse through the steering wheel.

Off the highway, the CR-V's car-like steering system proved a worthy companion. Weighted a little heavily, or at least heavier than the last CR-V, the setup is very nimble and easy.

This new fourth-generation model brings all the necessary ingredients — turbocharged engine, spacious interior and attractive design — that are sure to keep the CR-V among the segment leaders for years to come.

THE CHECKLIST | 2017 HONDA CR-V

THE BASICS

Engine: 2.4L four-cylinder; 1.5L turbo four-cylinder
Power: 184 hp, 180 lb-ft; 190 hp, 179 lb-ft
Transmission: Continuously-variable auto
Fuel Economy (L/100 km): 9.4 city, 7.6 hwy; 8.7 city, 7.1 hwy (4WD)
Price: Starts at $26,500 (est.)

LOVE IT

- Roomy rear seats
- Generous cargo capacity
- Available safety features

LEAVE IT

- Erratic lane departure warning
- 2.4-litre base engine

FORD

New Fiesta packs big technology punch

Jason Siu
AutoGuide.com

The next-generation Ford Fiesta has been unveiled and the little hatch will arrive in the North America as a 2018 model year car.

Introduced at a special event in Cologne, Germany, the all-new Ford Fiesta will be available in four variants in Europe: Upscale Vignale, sporty ST-Line, stylish Titanium and Active crossover. Like the new Chevrolet Spark Activ, the Fiesta Active features a high-riding body with crossover styling cues.

Along with a stylish redesign that gives the Fiesta a more mature look, the American automaker focused heavily on the interior and high-tech features.

It continues to be built on Ford's Global B platform, allowing the American automaker to save money on research and development.

It is also the first Ford model to deliver a premium B&O PLAY Sound System, accompanied by a SYNC 3 communications and entertainment system presented on an eight-inch floating high-definition touchscreen.

According to Ford, 20 buttons have been removed from the dash thanks to the new system.

Advanced safety features include a new anti-collision system that detects objects more than 130 metres in front of the car, and if the driver doesn't react in time, it will automatically brake to prevent an accident.

It's just one of 15 new driver assistance features on the Fiesta, including Active Park Assist, Blind Spot Information, Cross Traffic Alert and Lane Keeping Assist.

In Europe, there will be a range of turbocharged and naturally aspirated three-cylinder gasoline engines available, as well as a new TDCi model that is the most powerful diesel Fiesta ever.

It will also feature the 1.0-litre EcoBoost, which is the world's first three-cylinder engine to feature cylinder deactivation. Expect to hear details on the North American version of the Ford Fiesta closer to its launch in 2018.

Ford has focused on the interior and high-tech features for the 2018 Fiesta. HANDOUT

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Range Rover gets glamour shots

RACE CARS

Ferrari 488 Challenge revealed

Ferrari has introduced its newest 488 Challenge race car and it looks incredible. Although full details on it won't be announced until later this weekend, the Italian automaker did show off a photo on its Twitter account as well as display it in the flesh at the Finali Mondiali event at Daytona International Speedway in Florida.

JASON SIU/AUTOGUIDE.COM

UPDATES

Android Auto responds to 'OK Google'

A recent update to Android Auto has the software recognizing the "OK Google" voice command. On Android phones and with the feature enabled, users can typically say, "OK Google" like Apple users would say, "Hey Siri" to initiate a voice search or a command, so it's a but puzzling as to why it wasn't available before.

JASON SIU/AUTOGUIDE.COM

RANGE ROVER

'Ultimate Vista' series launches with gallery

Range Rover has released a gallery of photos that show its biggest, baddest off-roader in stunning natural landscapes. The British brand teamed with photographer Jonas Bendiksen for these shots, which are the first in a series called 'Ultimate Vistas.' Each set of photos will feature the Range Rover in "extraordinary landscape photographs," so stay tuned for more great photography. This inaugural set of photos was shot in the Norway, going from the streets of Oslo to the northwest Dovre Mountains and the vast fjords of Geiranger. Future locations for the photo series include the U.S. and China.

STEPHEN ELMER/AUTOGUIDE.COM

VIDEO GAMES

Latest Gran Turismo looks stunning

The next entry in the Gran Turismo series looks breathtaking. Originally scheduled to be released last month, Gran Turismo Sport is heading to the PlayStation 4 sometime next year. To whet your appetite, Sony released a new trailer during its PlayStation Experience 2016 event in Anaheim, California, and it shows off Polyphony's next racing game in stunning 4K resolution. The latest trailer confirms that the game will support 4K resolution on the PlayStation 4 Pro and it will also take advantage of high dynamic range (HDR) on both the standard PlayStation 4 and PlayStation 4 Pro. JASON SIU/AUTOGUIDE.COM

IN BRIEF

Dodge offering last, last chance to buy a Viper

The Viper is dead, but there will be still be one more chance to get a new one. Dodge already announced the final run of 206 Vipers sold out in less than a week, but now, a Dodge spokesperson told Motor Authority that the order books will open one more time before the end of 2016. It seems that Dodge was concerned with how many cars it could build, so it limited the first wave of orders. The first "final" run of Vipers sold out in less than a week.

STEPHEN ELMER/AUTOGUIDE.COM

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metro SPORTS

Jose Mourinho's agent says the Manchester United manager paid more than 26 million euros in taxes when he lived in Spain from 2010-13

Canucks enter Hall of pain

NHL

Devils winger does damage with goal, assist, big hit

Everyone knows Taylor Hall can score and set up teammates. He also showed he can deliver a devastating hit on Tuesday night.

Hall had a goal, assisted on a go-ahead tally by Kyle Palmieri and delivered a crushing check that knocked Vancouver defenceman Philip Larsen out of the game to lift the New Jersey Devils over the Canucks 3-2.

Hall's second-period hit caused Larsen to be taken off the ice on a stretcher and driven to a hospital for observation.

TUESDAY In New Jersey

3	2
DEVILS	CANUCKS

The Canucks said he was alert and had a full range of motion leaving the ice.

"I'm looking to make contact there, but I never want to see a guy laying on the ice like that," Hall said. "I only know how to play the game one way and you've got to play it hard. I feel terrible. He's a former teammate of mine. I would have loved to make a hit there and continue the play. I hope he's all right."

No penalty was called on the play.

Hall felt he was doing his job.

"It makes me feel a little bit better that everyone was saying it was a clean hit and the referees agreed," Hall said. "In that sense, I don't have any regrets with what I did. I try to keep all my extremities in close, and I just wanted to make contact chest to chest. Sometimes it doesn't work out like that."

Defenceman Ben Lovejoy also scored and Cory Schneider made 22 saves as New Jersey remained the NHL's only team not to lose at home in regulation.

This is the first time the Devils have gone 10 home games without losing in regulation — they began 8-0-1 in 1987-88. This was also their first win in regulation in the last 11 games.

Daniel Sedin scored a second-period power-play goal with the Canucks on a two-man advantage, and he set up his brother, Henrik, early in the third period when Vancouver closed the deficit to a goal.

Hall's big hit followed another notable check late in the first period.

Canucks centre Michael Chaput shoved Travis Zajac in the corner, and the Devils centre seemed to lose his balance and hit the end boards face first, creating a big cut that left a pool of blood on the ice.

No penalty was called. Devils defenceman John Moore went after Chaput and Vancouver ended up with a two-man advantage when New Jersey coach John Hynes complained to referee Dan O'Rourke. Sedin tied it at 1 during the power play.

Hall then caused a stir with his shoulder check to Larsen's jaw at 5:35. The Danish defenceman fell immediately on his back and did not move.

"I thought it did change the tide of the game a little bit," Henrik Sedin said. "It's never fun to see someone go down like that and a teammate and I thought it took away a little bit from us. We're just hoping he's OK."

A little less than two minutes later, with the Devils on a power play, Hall sent a cross-ice pass to Palmieri, who beat Jacob Markstrom for a 2-1 lead at 7:08.

Lovejoy stretched the lead to 3-1 about four minutes later with his first goal as a Devil.

Devils winger Taylor Hall checks Canucks defenceman Philip Larsen in Newark, N.J., on Tuesday night. ELSA/GETTY IMAGES

IN BRIEF

Whistler luge races pushed back a day

World Cup luge races scheduled for Friday at the Whistler Sliding Center have been delayed until Saturday because heavy snow has delayed the delivery of sleds.

The sleds that were shipped from Lake Placid, N.Y., last weekend are stuck in Manitoba because of the snow, and aren't expected to arrive in British Columbia before Wednesday.

THE ASSOCIATED PRESS

Sabres cut Oilers down in overtime

Rasmus Ristolainen scored from the left circle 57 seconds into overtime, and the Buffalo Sabres beat the Edmonton Oilers 4-3 on Tuesday night.

The Sabres scored twice in a span of 86 seconds, with Evander Kane forcing overtime by scoring with 29 seconds left in regulation.

THE ASSOCIATED PRESS

Red Sox reload with Sale

No surprise that Chris Sale got traded. The real shocker? That the Boston Red Sox swooped in to snag him.

The Red Sox pulled off the biggest deal yet at the winter meetings, acquiring the dominant ace from the Chicago White Sox on Tuesday for a hefty package of four prospects.

THE ASSOCIATED PRESS

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Perez fires Arsenal to top

CHAMPIONS LEAGUE

Spaniard takes advantage of rare start, Iwobi also on target

Arsenal easily beat Basel 4-1 to finish top of its Champions League group on Tuesday, powered by a hat trick from little-used forward Lucas Perez.

Getting a rare start, the Spanish forward gave Arsenal a three-goal lead by the 47th minute as the visitors coasted to victory. Mesut Ozil's delightful assist let Alex Iwobi score in the 53rd before Basel substitute Seydou Doumbia struck a consolation goal in the 78th.

Arsenal unexpectedly finished atop Group A, rising above Paris Saint-Germain which drew 2-2 at home to winless Ludogorets Razgrad.

As a group winner, Arsenal is seeded in Monday's draw for the Round of 16, hoping to avoid a seventh straight exit at that stage.

Arsenal will avoid the likes of Barcelona and Atletico Madrid but the pot of unseeded teams is stronger than usual.

One possible opponent is Bayern Munich which ousted Arsenal in the first knockout round in 2013 and '14.

Another option is either Real Madrid or Borussia Dortmund, which play Wednesday in Spain with leadership of Group F at stake. Arsenal completed its 17th straight successful group stage with a deserved win on a cold night in Switzerland.

Lucas Perez has made little impact in north London since a deadline-beating move from Deportivo La Coruna in August.

Still, the 28-year-old forward scored his first Champions League goal in the eighth minute and scored in almost identical fashion eight minutes later.

TUESDAY In Switzerland

BASEL	ARSENAL
1	4

Each time, left back Kieran Gibbs was found deep in the Basel area. First a cross, then a shot, flashed across the goalmouth for Lucas Perez to tap in with his left foot at the far post.

The hat trick goal was more impressive, as Lucas Perez advanced into the path of the ball 15 yards out to shoot right-footed across the dive of goalkeeper Tomas Vaclik.

Ozil's visionary assist was the key to Arsenal's fourth. A fast, direct break saw the Germany playmaker surge into the Basel penalty area and deceive defenders who expected him to shoot by clipping a reverse pass for Iwobi to score easily from close range.

THE ASSOCIATED PRESS

RESULTS

- Basel 1, **Arsenal 4**
- PSG 2, Ludogorets 2
- Benfica 1, **Napoli 2**
- **D. Kiev 6**, Besiktas 0
- **Barça 4,** Bor. M'Glad 0
- Man City 1, Celtic 1
- **Bayern 1,** Atl Madrid 0
- PSV 0, FC Rostov 0

Arsenal forward Lucas Perez celebrates a goal during the UEFA Champions match against FC Basel 1893 on Tuesday.
PATRICK HERTZOG/AFP/GETTY IMAGES

SNOWBOARDING

Back injury pushes Maltais to retire

Dominique Maltais of Petite-Riviere-Saint-Francois, Que., won the Crystal Globe five times. GETTY IMAGES FILE

Canada's Dominique Maltais is retiring from competitive snowboarding.

She battled a back injury last season and has not been able to recover enough to allow her to compete at the highest level.

Maltais won bronze in snowboard-cross at the 2006 Olympics in Turin and won silver at the 2014 Games in Sochi.

She reached the podium 38 times over 77 World Cup starts (15 gold, 13 silver, 10 bronze).

THE CANADIAN PRESS

IN BRIEF

Former Heisman winner's body found in a park

Heisman Trophy winner Rashaan Salaam was found dead Monday night in a Boulder park less than two miles from Folsom Field, where he carved his name into the University of Colorado record books as one of the greatest players in the program's history.

The Boulder County coroner's office was still investigating the cause of the death of the 42-year-old, who won the Heisman in 1994. THE ASSOCIATED PRESS

49ers stick with struggling quarterback Kaepernick

Colin Kaepernick is keeping his starting job after getting benched during one of the worst performances of his career.

Niners offensive coordinator Curtis Modkins said Tuesday that the embattled quarterback will start when San Francisco (1-11) hosts the Jets (3-9) on Sunday. Kaepernick completed just one pass in three quarters in a 26-6 loss to the Bears on Sunday.

THE ASSOCIATED PRESS

HEAD INJURIES

Dryden urges more player protection

Hockey legend Ken Dryden laid down a challenge Tuesday to sports executives in charge of leagues and federations to do more to protect athletes from the debilitating effects of head injuries.

> **It is time for the decision-makers to catch up with the scientists.**
> Ken Dryden

In a blunt speech, Dryden took aim at the culture around concussions and drew a connecting line between head injuries and brain disease.

His keynote address at a one-day conference organized by Gov. Gen. David Johnston came two weeks after CFL commissioner Jeffrey Orridge said the science about football-related head trauma and brain disease is inconclusive. THE CANADIAN PRESS

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MAKE IT TONIGHT

Savoury Salmon Cakes

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

In the run up to the holidays, it feels good to add some lighter dinners to your roster (we all know what's coming!). These lean yet satisfying salmon cakes fit the bill perfectly.

Ready in 1 hour 10 minutes
Prep time: 50 minutes
Cook time: 20 minutes
Serving: 6

Ingredients
- 2 large Yukon Gold potatoes, peeled and chopped
- 2 tbsp vegetable oil
- 1 leek, washed well, sliced in half and thinly sliced
- 2 5 oz tins salmon, drained
- 2 tbsp fresh dill, chopped fine
- 1/4 cup mayonnaise

Directions

1. Simmer potatoes until tender in boiling water. Drain and mash. It will make about 2 cups of mashed potatoes. Allow them to cool slightly.

2. Gently combine salmon, potatoes, leeks and dill. Blend in mayonnaise and a pinch of salt and pepper.

3. Form into about 12 patties - about 2 1/2 inches across and maybe 1/2 inch thick and place on a plate. Cover and refrigerate for at least an hour.

4. Heat some vegetable oil until hot but not smoking. Fry the cakes — don't over crowd the pan, you'll have a hard time flipping them — for about five minutes a side.

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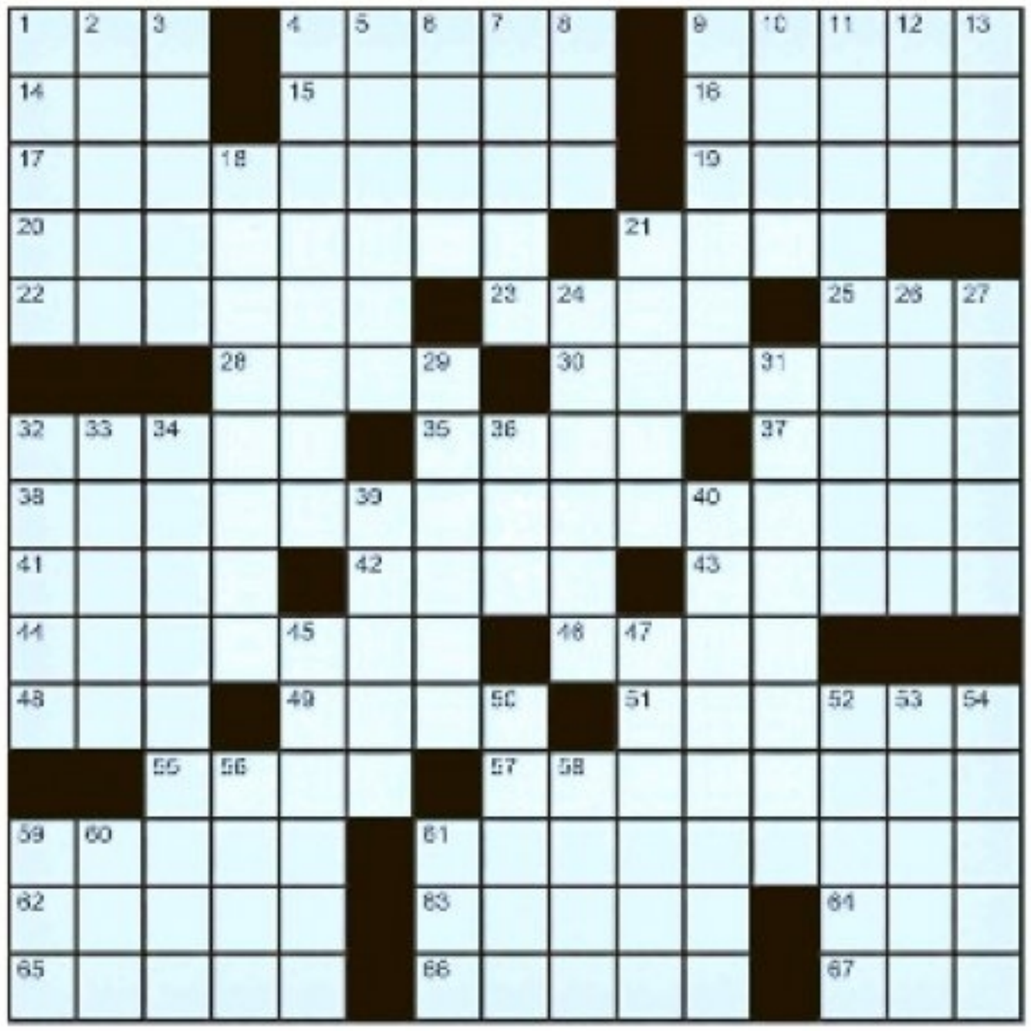
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Famous British mysteries writer (b.1890 - d.1976) ...her initials-sharers
4. Fern 'seed'
9. The _ Land (T.S. Eliot poem)
14. _-Jongg
15. Reserved, as a restaurant table
16. Be of service
17. Teaching
19. Yearned
20. One of the chosen
21. "_ Me Kate" (1953)
22. Position
23. Hold off
25. Ship signal
28. Pet fish's home
30. Three-pronged spear
32. Make it on Billboard
35. 1949-created intl. alliance
37. Famed designer of Art Deco
38. CRTC = Canadian _-_ and Telecommunications Commission
41. Antiquities
42. Richard Burton war movie, "The Desert _" (1953)
43. Drums partners in marching bands
44. Cafe in Joni Mitchell's "Carey"
46. Plucked guitar string sound
48. Lid's protectee
49. Piquancy
51. Becomes keyed up
55. Gulf War missile
57. Isn't dignified, is this
59. Dancer in Madonna's "Vogue"
61. Finishes up a client's hair at the salon: 2 wds.
62. Bless with oil, quaintly
63. Take _ _ at (Attempt)
64. Purchaser's li'l slip
65. Survives
66. The Congo's former name
67. Scottish songstress Ms. Tunstall, et al.

DOWN
1. Makes _ _ (Is untidy)
2. Future soldier
3. Legendary NFL coach Don
4. Quick-and-clipped, as in music
5. "Eight Is Enough" star, Dick Van _
6. "_ from Muskogee" by Merle Haggard
7. Freshen
8. High School subj.
9. Elk
10. Notice: French
11. Helvetica's style as a typeface
12. Catch up, in sports
13. Long ago
18. Moderatism
21. Russian ballet company
24. Certify
26. The way ballerinas dance: 2 wds.
27. British WWII submachine guns
29. Works the bread dough
31. Member of the Order of Canada... Simon Chang's occupation
32. Dare Maple Leaf _ Cookies
33. "The Sixth Sense" (1999) star, _ Joel Osment
34. Mailing destinations
36. Carol of fashion covers
39. Sampled
40. Just in case a situation calls for it: 3 wds.
45. Blue tones
47. Pacifism shmacifism ...put up your dukes!: 2 wds.
50. _, Oklahoma
52. Insincere smile
53. President-_ Donald J. Trump
54. Methods, for short
56. Human of Hibernia
58. Posh way to exclaim "That wasn't my fault!": 2 wds.
59. Chum
60. "Diva _ _ Dime"
61. Australian director Mr. Luhrmann

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Don't worry if you feel uncertain or indecisive about things today. That's just the way things are. In fact, a lot of people feel this way today.

Taurus April 21 - May 21
You might be confused by a friend today. Or this confusion could relate to your dealings with a group, club or association. Obviously, don't volunteer for anything.

Gemini May 22 - June 21
Dealings with parents, bosses and VIPs are uncertain today. If you're not sure what's happening, do nothing. Don't volunteer; don't agree to anything important.

Cancer June 22 - July 23
This is a good day to break free from your usual routine. You will appreciate the arts and crafts of other cultures today, however, avoid major purchases. Just shop with your eyes.

Leo July 24 - Aug. 23
This is a poor day to make important financial decisions, especially regarding inheritances and shared property. Wait until tomorrow to do this.

Virgo Aug. 24 - Sept. 23
Be co-operative with others today, because the Moon is opposite your sign. However, postpone important discussions until tomorrow. Just coast today and keep things light.

Libra Sept. 24 - Oct. 23
Your work routine will be interrupted with silly mistakes and delays today. It's hard to really get going and become productive. Don't be tough on yourself, because everyone feels this way today.

Scorpio Oct. 24 - Nov. 22
This is a wonderful, creative day for you! If you work in the arts or the entertainment world, you will be productive. Enjoy social activities and playful times with children.

Sagittarius Nov. 23 - Dec. 21
Today you might want to hide at home and keep a low profile. During family discussions, do not agree to anything important. Sleep on it.

Capricorn Dec. 22 - Jan. 20
Short trips and conversations with everyone will please you today. This is a good day to fill your databank, but postpone making important discussions until tomorrow.

Aquarius Jan. 21 - Feb. 19
Guard your finances today. Do not shop for anything other than gas or food. This is a loosey-goosey day that is poor for making financial decisions.

Pisces
Feb. 20 - March 20
Today the Moon is in your sign, which makes you more emotional. However, you also feel a bit aimless and without direction. This feeling will be gone by tomorrow.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	4		9					6
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7	9	3	8	2	6	4	5	1
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3	6	7	9	1	8	5	2	4

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